**Suddenly Sleepy Saturday**

**A Day for Narcolepsy Awareness**

**WHEREAS**, Narcolepsy is a chronic neurological disorder caused by the brain’s inability to regulate sleep-wake cycles; and

**WHEREAS**, Narcolepsy affects an estimated 1 in every 2,000 Americans; and

**WHEREAS**, Narcolepsy is an under-recognized and under diagnosed condition; and

**WHEREAS**, The symptoms of narcolepsy, especially when undiagnosed, can lead to accidents, injuries, and problems with learning, and working; and

**WHEREAS**, Narcolepsy affects people neurologically, socially, and emotionally; and

**WHEREAS**, Narcolepsy affects people of all ages, with onset typically between the ages of 15 and 25; and

**WHEREAS**, Narcolepsy Network is a national organization, based in North Kingstown, RI, created to promote awareness of the disease and support for those who suffer from narcolepsy.

NOW, THEREFORE, I (MAYOR’S NAME), Mayor of the City of (CITY NAME), do hereby proclaim Saturday, March 12, 2016 to be Suddenly Sleepy Saturday, A Day for Narcolepsy Awareness.